



Aubrey Schmalte, OTR/L, Executive Director  
p: 203.200.7256 f: 646.626.7586  
aubrey@sensational-achievements.com

1011 High Ridge Road, Suite 300 Stamford, CT 06905

★ [www.sensational-achievements.com](http://www.sensational-achievements.com)

## Identifying/Background Information

Date: \_\_\_\_\_

Client Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Parents' Names: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_

Mom's Cell: \_\_\_\_\_ Dad's Cell: \_\_\_\_\_

Mom's Email: \_\_\_\_\_ Dad's email: \_\_\_\_\_

Primary Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact Phone Number: \_\_\_\_\_

Referred By: \_\_\_\_\_

### School Information (contact information is optional)

School Attending: \_\_\_\_\_ Grade: \_\_\_\_\_

Teacher: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_

### Medical Contact Information:

Primary Pediatrician: \_\_\_\_\_ Phone: \_\_\_\_\_

Do you have a prescription for an OT and/or Speech evaluation and/or services? (recommended if submitting to insurance) YES NO

Does your pediatrician have specific diagnosis codes supporting the need for services? If yes, please bring a prescription with them listed to the first session.

Is your child receiving or has your child received any therapy services previously (speech, ABA, PT, OT, oral motor)? When, where and for how long?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What are your primary concerns for your child which brought you to possibly seek out therapy?

Home: \_\_\_\_\_

School: \_\_\_\_\_

Social-Emotional/Peer Relationships: \_\_\_\_\_

\_\_\_\_\_

## Developmental History

### Pregnancy/Birth History:

Complications, illness, or major stressors during pregnancy? Y/N  
(Describe) \_\_\_\_\_

Complications during labor and delivery? Y/N  
(Describe) \_\_\_\_\_

Premature/Postmature/Full-Term (Circle One)

Birth Order: \_\_\_\_\_ Birth Weight: \_\_\_\_\_

Breast Fed? Y/N How Long? \_\_\_\_\_ Strong suck? Y/N Spit up frequently? Y/N

Feeding or sleeping problems as an infant? Y/N

(Describe) \_\_\_\_\_

General Disposition: Irritable/ Happy/ Quiet (circle one) Did baby arch back and head when upset? Y/N

### Developmental Milestones (Please provide the approximate ages when these occurred)

Rolled Over \_\_\_\_\_ Sat \_\_\_\_\_ Belly Crawled \_\_\_\_\_ Crawled \_\_\_\_\_ Cruised \_\_\_\_\_ Walked \_\_\_\_\_

Said first words \_\_\_\_\_ Talked (2-3 word sentences) \_\_\_\_\_

Toilet Trained: Bowel \_\_\_\_\_ Bladder \_\_\_\_\_

Undressed Self (pullover garments) \_\_\_\_\_ Dressed Self (pullover garments) \_\_\_\_\_

Managed snaps, buttons, zippers \_\_\_\_\_ Tied Shoes \_\_\_\_\_ Started Preschool \_\_\_\_\_

### Medical History:

Ear infections? How many per year? \_\_\_\_\_

Reflux as an infant? Y/N \_\_\_\_\_

Frequent Colds or last longer than expected? Y/N \_\_\_\_\_

Allergies? \_\_\_\_\_

Seizures? Y/N \_\_\_\_\_ Injuries Y/N \_\_\_\_\_

Hospitalizations Y/N \_\_\_\_\_

Medications? Y/N List: \_\_\_\_\_

Glasses? Y/N Reason: \_\_\_\_\_

Family History of relevant physical or mental illness: \_\_\_\_\_

Ages and Sex of Siblings: \_\_\_\_\_

Types of therapy you are interested in:

- Sensory integration-based occupational therapy
- Home-Based listening programs
- Referral to Tomatis Listening Program
- Handwriting and fine motor skills
- Picky Eating/Feeding/Oral Motor Groups
- Nutritional Interventions
- Co-treatments with speech or behavioral therapy
- Visually enhanced occupational therapy (for children with vision deficits)
- Other: \_\_\_\_\_

## Occupational Therapy Questionnaire

The following questions are designed to help you consider areas of need in your child's daily life that may be impacted by deficits in planning/sequencing, attention, sensory processing, motor skills, vision deficits, and delays in fine motor and handwriting skills. Please answer them to the best of your ability in order to develop an appropriate treatment plan for your child.

### Activities of Daily Living:

Circle the answer that BEST describes your child

(N=Never O=Occasionally F=Frequently A=Always)

#### Dressing Skills:

- N O F A Prefers specific textures of clothing \_\_\_\_\_
- N O F A Resists changing clothes
- N O F A Has difficulty shifting between short and long sleeves
- N O F A Avoids wearing socks/shoes
- N O F A Hyperaware of tags, seams on socks, "Itchy" clothes
- N O F A Avoids/Loves wearing Hats (circle one)
- N O F A Needs help to balance while getting dressed (leans on people/objects)
- N O F A Has trouble figuring out how to put on clothing
- N O F A Requests help with dressing
- N O F A Attempts to dress self independently
- N O F A Needs to be supervised throughout dressing routine to stay on task
- N O F A Needs help with buttons/snaps/zippers

Other concerns: \_\_\_\_\_

#### Bathing

- N O F A Avoids splashing water
- N O F A Resists head tipping to wash hair
- N O F A Washes body with supervision (3.5+ years)
- N O F A Prefers showers/ Baths
- N O F A Avoids washing hands/face
- N O F A Needs supervision to complete bathing routine (6+ years)

Other concerns: \_\_\_\_\_

#### Grooming/Toothbrushing/Toileting

- N O F A Swallows instead of spitting toothpaste
- N O F A Needs assistance to brush all areas of mouth
- N O F A Needs physical assistance to complete toothbrushing routine (after 4 years old - put on toothpaste, wet brush, brush teeth, rinse, etc)
- N O F A Blows nose with tissue
- N O F A Requests tissue as needed
- N O F A Avoids/Resists having nose wiped
- N O F A Completes toileting routine independently
- N O F A Needs prompts for each step of toileting routine
- N O F A Needs assistance to manage clothing during toileting routine
- N O F A Needs assistance to wipe after bowel movements
- N O F A Initiates/Verbalizes need to go to the bathroom
- N O F A Has accidents after fully potty trained
- N O F A Has issues with constipation or "holding" urine

Other concerns: \_\_\_\_\_

#### Eating

- N O F A Limits self to particular food textures (ex: crunchy, soft, avoids mixed textures like fruit yogurt)
- N O F A Drinks from a cup without spilling
- N O F A Drools while eating or playing
- N O F A Avoids foods that are hard to chew (ex: meats)
- N O F A Has difficulty managing utensils without spilling
- N O F A Has difficulty opening lids/containers
- N O F A Spills frequently/Is a messy eater
- N O F A Does not seem aware of food on face
- N O F A Needs reminders to use napkins
- N O F A Bites straws instead of sucking appropriately
- N O F A Stuffs food in his/her mouth
- N O F A Needs encouragement to fully chew foods or spits food out

Other concerns: \_\_\_\_\_

**Safety Awareness**

- N O F A Seems unaware of safety during play
- N O F A Needs constant supervision to avoid unsafe play
- N O F A Trips or is clumsy
- N O F A Runs into objects or people – Doesn't seem to look where he/she is going
- N O F A Misjudges how close he/she is to objects in the environment
- N O F A Runs into the street or parking areas if hand is not held

Other concerns: \_\_\_\_\_

**Educational Concerns:**

Has an established hand dominance Y/N Right/Left (circle one)

- N O F A Takes a long time to learn new skills
- N O F A Avoids writing, drawing or fine motor tasks
- N O F A Has difficulty using two hands together to cut or stabilize paper
- N O F A Has poor/illegible handwriting
- N O F A Has poor spacing or sizing of letters/words/sentences
- N O F A Has difficulty with copying from the board
- N O F A Writing/Drawing skills are below what is expected for child's age
- N O F A Has difficulty staying seated or is very fidgety
- N O F A Has difficulty paying attention and following directions
- N O F A Has difficulty following a group discussion
- N O F A Is disorganized/needs supervision to complete classroom routines
- N O F A Has trouble completing work in a timely manner or needs frequent breaks
- N O F A Needs directions repeated. Does not seem to hear what the teacher says
- N O F A Easily distracted by noise or movement in the room
- N O F A Has difficulty transitioning to/from playground, lunch, or during drop off/pick up
- N O F A Has trouble sitting down to complete homework
- N O F A Frequently plays alone during free play
- N O F A Has difficulty participating in group activities \_\_\_\_\_
- N O F A Does not join in gross motor play on the playground
- N O F A Limited participation in gym class
- N O F A Has meltdowns or seems exhausted after school

Other concerns: \_\_\_\_\_

**Vision and Visual-Vestibular Integration:**

This clinic is currently trying to collect data on visual and visual-vestibular related deficits that impact participation at home, school, and in play with peers. It is this clinic's belief that better

diagnosis of these issues will allow for advances in treatment approaches and a better understanding of how the visual and vestibular (balance and movement) system develop and function. Some of these questions pertain only to children of reading age (first grade). Please answer these questions to the best of your ability.

Has your child had a vision screening in the last year? Y/N Results: \_\_\_\_\_

Has your child ever been evaluated by a developmental optometrist for ocularmotor deficits? Y/N (Note: this is different from a vision screen that focuses on how clearly a child can see) \_\_\_\_\_

Does your child have diagnosed vision deficits? \_\_\_\_\_

When did your child receive this diagnosis? \_\_\_\_\_

Has any intervention been performed? (ex: glasses, therapy, patching, surgery) \_\_\_\_\_

- N O F A Poor eye contact
- N O F A Child looks toward you but does not seem to look AT you when talking/listening
- N O F A Blinks excessively after engaging in visual activities (ball sports, tabletop tasks)
- N O F A Eyes water or child engages in eye rubbing with tabletop vision tasks (ex: homework, puzzles)
- N O F A Has difficulty scanning for hidden objects on a page
- N O F A Closes or covers one eye or leans to one side while drawing/writing
- N O F A Takes breaks, walks around, or stares into the distance during writing/drawing tasks
- N O F A Poor reading comprehension or skips words/lines while reading
- N O F A Child reports that lines run together when copying words/pictures
- N O F A Act of reading is so difficult, child doesn't seem to recall story
- N O F A Guesses at words versus reading them even though child has been taught to read
- N O F A Reverses words/Letters
- N O F A Poor posture while reading/writing
- N O F A Turns paper instead of drawing lines in different directions
- N O F A Reports seeing double at times
- N O F A Child reports eyes feeling hot or itchy at times
- N O F A Bothered by bright lights
- N O F A Turns away from balls or other objects coming toward him/her
- N O F A Can catch/hit a target in standing but not if moving (ex: run to kick a ball)
- N O F A Gets anxious that he/she will bump into something when riding on swings or other moving surfaces
- N O F A Likes to be in control of movement (ex: push himself but not allow himself to be pushed on a swing)
- N O F A Perceives him/herself as being higher off the ground than he/she really is when standing on raised surfaces
- N O F A Becomes anxious in glass elevators
- N O F A Becomes anxious in all kinds of elevators
- N O F A Closes eyes or looks down when swinging or being spun around
- N O F A Has trouble looking at objects while moving (ex: focusing on a ball/target while running)
- N O F A Loves to bounce/Jump but becomes disoriented/fearful with spinning
- N O F A Loves to spin but jumping is limited
- N O F A Looks for opportunities to tip head upside down
- N O F A Avoids tipping head backward/upside down
- N O F A Prefers being upright (versus laying down, rolling, flipping)
- N O F A Does not look at parent/caregiver while being pushed on a swing if caregiver is in front of him/her

N O F A      Becomes Car Sick: Does it improve/get worse if he/she is looking out the window? (circle one)

Thank you for taking the time to fill out this questionnaire. Please contact your occupational therapy service provider with any additional questions/thoughts.